

Pulse of the Centre

B100-123 Doncaster Street • Winnipeg, MB R3N 2B3 • 477-7510



Jewish Book Fair Sunday, December 10 - Sunday, December 17

In celebration of Jewish Book Month, join us for this annual festival of Jewish authors and Jewish writings. The Jewish Book Fair features an extensive collection of books, music, and Chanukah gifts. Our programming will include children's activities, Jewish films, readings and signings, book sales, plus our terrific "shuk" market down Main Street of ceramics, jewellery, gifts and much more.

JAZZ Series

2000 - 2001

Asper Foundation Performances: Jazz Series

For the jazz lover on your list, give the holiday gift that swings!

Introducing: The Jazz Trio

January 14 Bucky Pizzarelli
February 11 "Song Sinatra Taught Me" with Tommy Ambrose and the Ron Paley Big Band
March 11 Peter Appleyard & Friends

Three great shows...one great price! Only \$65.00 (plus GST) for all three shows. Regular price \$25.00 per show.

Call 477-7510 for more information.

The Asper Foundation Performances: Jazz Series Coming Up In 2001

Two shows each Sunday in the intimacy of the Berney Theatre.
1:00 p.m. matinee or 8:00 p.m. late show

January 14 Bucky Pizzarelli
February 11 Tommy Ambrose with the Ron Paley Big Band
March 11 Peter Appleyard & Friends
March 25 Benny Green Trio
April 22 Toots Thielemans
May 6 Carol Sloane
June 10 Dick Hyman

Subscribe today and help keep The Asper Foundation Performances Jazz Series swinging! Please call the Rady Jewish Community Centre for information on the full series subscription (seven shows) or the Jazz Quintet (five shows), or the Jazz Trio (three shows). Casual tickets on sale at Ticket Master, 780-3333.



Donations to the Centre-October 2000

Tributes

The Rady JCC wishes to thank the following individuals:

Brenda and Larry Booke
Pinnie Faintuch
Ranee and Aaron Goldman
Ann and Ben Grushko
Dorothy Hershfield
Max and Doris Levitt
Rikla Marmel
Izzy Minuk
Paul Nusgart
Blumie Portnoy
Lil and Morley Slonim
Sidney and Pearl Slonim
Ruth Steen

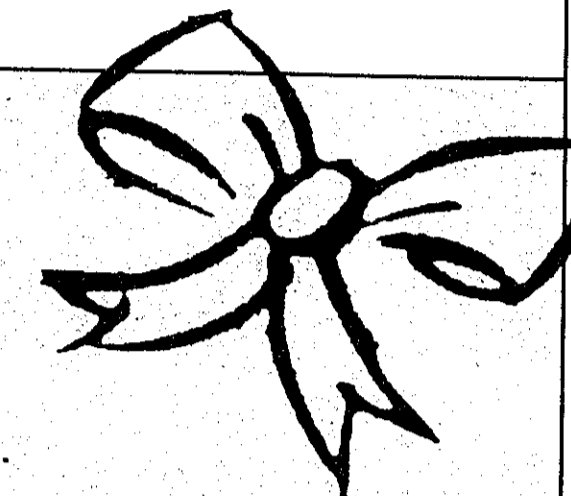
Tributes are an appropriate way to mark an occasion or honour/memorialize friends or relatives. You can donate any amount starting at five dollars and we will send an acknowledgement according to your wishes. The Tribute Fund is used to improve the facilities and services offered at the Centre. Cards are available at the Reception Desk.

School's Out, Rady's In!

This year the Rady JCC Winter Day Camps will take place on December 27, 28 and 29 as well as January 2, 3, 4 and 5. There will be a half day (9:00am - 11:30am) Kinder Camp (ages 3-5), and a Sports Spectacular Day Camp (ages 6 - 8 and 9 - 12) featuring a different sport and certified guest instructor each day. Some activities may include: fencing, soccer, basketball, water sports, badminton, karate, arts and crafts, wall-climbing and much more. Register early at the Reception Desk to guarantee a spot. See you there! For more information call Tenise at 477-7539.

*Give a Gift,
Receive a Gift*

Keep an eye open for the Rady JCC Holiday Card.



Personal Training

Tough to get going? Why go it alone? Get more motivation, supervision, and guidance with your exercise program. Personal training is for members who want not only specific program design but also one-on-one supervision while exercising at the Centre. One of our exercise specialists will direct and monitor you during your workout. Detailed information brochure available at the Sports and Track Desks.

Individual Training

1 - 5 sessions	\$35.00/hour
6 - 11 sessions	\$32.00/hour
12 or more sessions	\$30.00/hour

One time starter package \$110.00
Fitness assessment and three sessions.

Partner Training

Partner training works best when the two people are well matched in ability.

1 - 5 sessions	\$60.00/hour
6 - 11 sessions	\$54.00/hour
12 or more sessions	\$50.00/hour



Massage Therapy

Enjoy the benefits of massage - one of the oldest and simplest methods of maintaining or improving your health! Our massage therapists can apply a range of techniques, from a light, soothing touch using aroma essence oils, to a deep tissue release, searching out and eliminating knots and tightness in your muscles. It all depends on what is appropriate for you at the time! Remember that many insurance plans include coverage for massage therapy by Certified Therapists. Just drop by the Sports Desk or call 477-7535. If you need to cancel an appointment, we would appreciate your giving us at least 24 hours notice or you will be subject to a fee.

Members	Non-members
30 minutes - \$24.00	30 minutes - \$33.00
45 minutes - \$34.00	45 minutes - \$42.00
60 minutes - \$42.00	60 minutes - \$50.00
90 minutes - \$62.00	90 minutes - \$72.00

Effective January 1, 2001

BBYO Art Auction This Weekend!



BBYO Red River Region is hosting an Art Auction this Saturday, November 25, 2000. Last year brought unbelievable deals on beautiful art. Join us this year at the Rady JCC and peruse the wide selection of art available. Enjoy the complimentary wine and light refreshments, while helping support the strongest and largest Jewish youth organization in the province. The viewing and silent auction begins at 6:30 pm, with the live auction starting at 8:00 pm. For more information, or to make a contribution, please call Josh Share, Regional Director of BBYO, at 477-7547.

Art would make a great Chanukah gift!

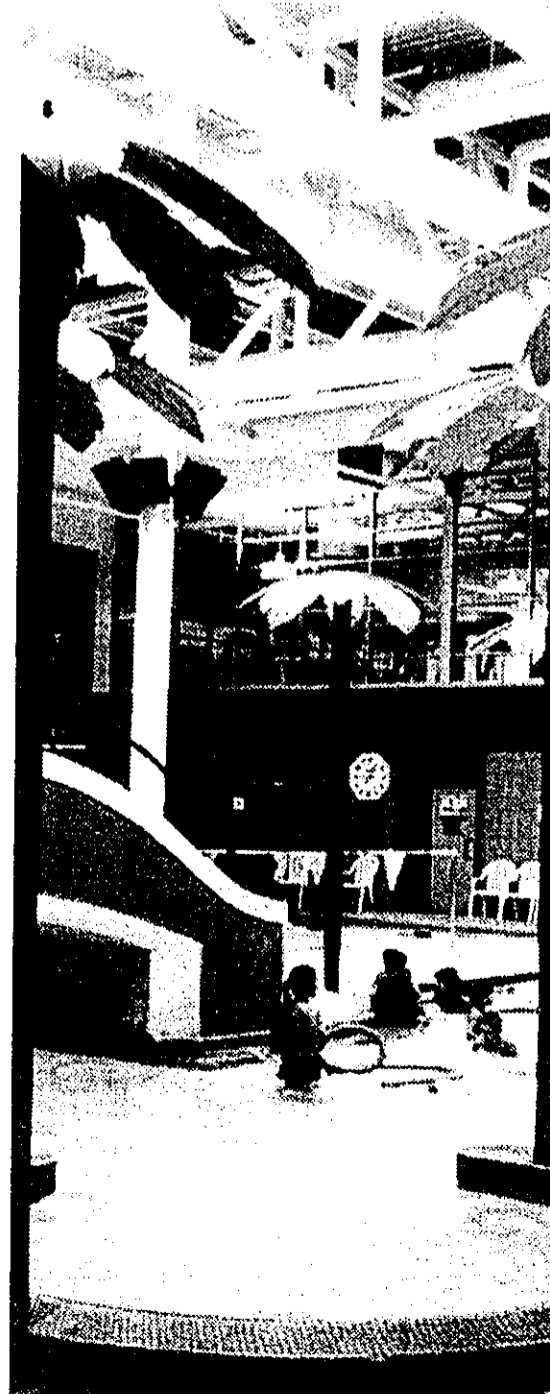
Sunday, December 10th 11:00 am - 3:00 pm

- ◆ Family storytelling with Sheldon Oberman - 11:00 am
- ◆ Reading with Carol Matas - 2:00 pm
- ◆ Face Painting
- ◆ Chanukah Crafts
- ◆ Latke Demonstration
- ◆ Door Prizes
- ◆ Gym Activities
- ◆ Special Guests
- ◆ Tons of Fun

Celebrate the Festival of Lights with Friends and Family at the Rady JCC

For more information call - 477-7510

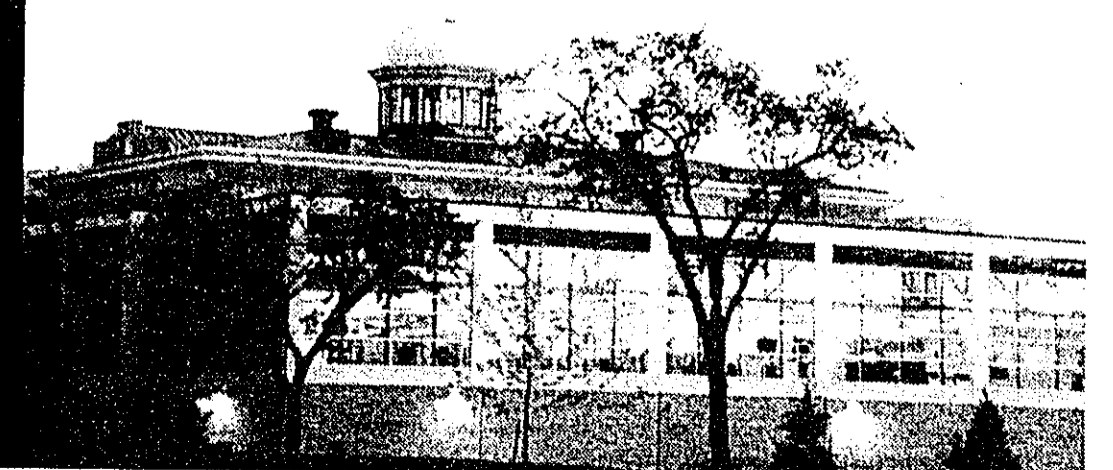
CHANUKAH FAMILY DAY



WINTER 2001

Member Program Registration Begins
Sunday, December 10, 2000 at 9:00 a.m.

Non-Member Registration Begins
Sunday, December 17, 2000



*Looking for a
Unique Gift...*

Give the gift of health and wellness to someone on your list. Purchase a gift certificate of any denomination to be used towards programs, services, and membership fees at the Rady Jewish Community Centre.